



Stop guessing. Start with your biology.

*A smarter way to personalize
your peptide and wellness plan.*

Not everybody responds to peptides, supplements, nutrition, stress, recovery, or wellness strategies the same way.

PATHWAY™ by TruLab Dx helps uncover key genetic pathways connected to areas like recovery, cognitive performance, longevity, stress response, metabolism, and micronutrient health, then translates those insights into a more personalized wellness optimization report that you can review with your provider.

The report is designed to help connect your biology to practical next steps through:



What PATHWAY Can Help You Explore

- Recovery and inflammation support
- Cognitive performance and mental clarity
- Longevity and cellular optimization
- Stress response and resilience
- Metabolism and energy optimization
- Food sensitivity response
- Micronutrient and methylation-related insights, including B9, B12, and MTHFR-related context



Why Patients Get Excited About PATHWAY™

- Helps make wellness and peptide recommendations feel more personalized
- Provides a more structured starting point instead of guesswork
- Helps identify where your biology may benefit from additional support
- Supports more informed conversations with your provider
- Goes beyond raw genetics by connecting insights to practical wellness strategies
- Designed to support long-term optimization planning, not one-size-fits-all protocols

YOUR PERSONALIZED PATH TO OPTIMIZED WELLNESS

What Your Report May Include

- ✓ Clear pathway-based categories
- ✓ Marker-level genetic insights
- ✓ Lifestyle guidance
- ✓ Nutrition recommendations
- ✓ Supplements to consider
- ✓ Suggested labs
- ✓ Provider-guided peptide category support
- ✓ Personalized wellness optimization insights
- ✓ Example Wellness & Optimization Categories

Current materials include examples across:

Recovery and tissue support

Cognitive resilience and neuroprotection

Longevity and cellular support

Energy and metabolic optimization

Stress resilience and nervous system support

A few representative compounds currently reflected across the live platform include

BPC-157 | TB-500 | Thymosin Alpha-1 | GHK-Cu | Epithalon | Semax | Selank | Dihexa | Humanin
MOTS-c | SS-31 | NAD+ | GLP-1 / Semaglutide | Tesamorelin | CJC-1295
Ipamorelin | 5-Amino-1MQ

and additional compounds across the expanding PATHWAY™ platform

How It Works

01

Complete a simple
cheek swab

02

Your sample is
processed by
the lab

03

Your provider
receives your
personalized
PATHWAY™ report

04

Review your results
and build a more
personalized wellness
and optimization plan



WHY PATHWAY™ FEELS DIFFERENT

Most wellness testing simply gives you information. PATHWAY™ is designed to help transform that information into more meaningful conversations around wellness optimization, recovery, metabolism, longevity, cognitive performance, and personalized peptide support.

Ask your clinic or provider how to get started with PATHWAY™